



## National Training Center Reno/Lake Tahoe



**Welcome!** We are looking forward to your visit to the Ropeworks National Training Center. Our 7500 sq. ft. center is North America's premier purpose-built training facility for rope access, tower climbing, fall protection, and industrial rescue. The facility also serves as our national headquarters as well as an equipment design, testing, and distribution center.

The Training Center is perched on the banks of the Truckee River at the eastern edge of the Sierra Nevada Mountains in Reno, Nevada. A climate-controlled classroom is located adjacent to the training area. The training area is indoors with views of the river and surrounding mountains.

We are located 10 minutes from downtown Reno and the Reno/Lake Tahoe International Airport, 45 minutes from Lake Tahoe, and 30 minutes from Truckee, CA. Don't forget to schedule some time outside of your course to take advantage of the region's many scenic and recreational opportunities.

### **Ropeworks Instruction**

Ropeworks has developed a world-class training system. Instructors are known for their technical expertise, as well as their skill as educators. All Ropeworks instructors are professionals that actively work at height. Essential skills are learned and retained best when every candidate is given individual attention. Therefore, our average student-to-instructor ratios are 4:1 and will not exceed 6:1 for all rope access and rescue courses.

### **Climate**

The training area is in a temperature-moderated warehouse, but it can be warm in summer and cool in winter. The center is located at 4,000 feet on the eastern edge of the Sierra Nevada Range. The best way to prepare for outside temperatures is to log on to your favorite weather website a few days prior to your visit. Reno averages at least 300 days of sunshine per year. Temperatures are moderate in spring and fall, hot and dry in mid-summer, and drop below freezing regularly in winter. Snow and rain is common in winter. The climate is conducive to outdoor activities year-round.

## Equipment

All rope access, tower climbing, and rescue equipment is provided. An individual equipment bag will be checked out to each person. The candidate can elect to purchase a new equipment kit by contacting the Ropeworks Gear equipment department (775.747.2244 / [equipment@ropeworks.com](mailto:equipment@ropeworks.com)). Equipment discounts will be applied when equipment is purchased with a course.

## Course Hours

Training courses generally run from 8 AM to 5 PM with an hour lunch break unless otherwise noted.

## Clothing

Clothing needs to be loose enough to allow full mobility, while not posing the hazard of becoming caught in safety equipment or work tools. Avoid pants that require a belt or have rivets near the hips. Lightweight coveralls are the best. Shorts are not appropriate. Bring clothing layers to accommodate a range of temperatures.

## Footwear

Sturdy work boots with a flexible sole and proper heel are recommended. Steel-toe boots are not required. Soles with sticky rubber can be chosen to provide better footing when climbing around on structures.

## Gloves

Please bring your own set of gloves or purchase them at the training center. Gloves must fit well and should not hinder the technician's ability to operate his tools and safety equipment.

## Meals & Snacks

Please bring your own water bottle and snacks to the training center. Students can store a bag lunch in our refrigerator, or grocery stores and restaurants are a short drive from the training center if needed. Coffee is available in the morning.

## Lodging & Logistics

The training center is conveniently located minutes from downtown Reno and the Reno/Lake Tahoe International Airport. Guests can choose to stay in Reno, NV or Truckee, CA.

## Extra-Curricular Activities

With the High Sierra and Lake Tahoe within 45 minutes of the training center, plan some extra time to enjoy some of the many scenic and recreational activities. Activities include skiing, hiking, climbing, golf, mountain biking, fishing, and water sports.

## Questions?



Please contact us:

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### Equipment Checklist

- Work Clothes
- Lightweight work gloves
- Safety/Sun Glasses
- Sturdy footwear
- Water bottle & snacks
- Great Attitude!