

National Training Center Reno/Lake Tahoe



Welcome! We are looking forward to your visit to the Ropeworks National Training Center. Our 7500 sq. ft. center is North America's premier purpose-built training facility for rope access, tower climbing, fall protection, and industrial rescue. The facility also serves as our national headquarters as well as an equipment design, testing, and distribution center.

The Training Center is perched on the banks of the Truckee River at the eastern edge of the Sierra Nevada Mountains in Reno, Nevada. A climate-controlled classroom is located adjacent to the training area. The training area is indoors with views of the river and surrounding mountains.

We are located 10 minutes from downtown Reno and the Reno/Lake Tahoe International Airport, 45 minutes from Lake Tahoe, and 30 minutes from Truckee, CA. Don't forget to schedule some time outside of your course to take advantage of the region's many scenic and recreational opportunities.

Ropeworks Instruction

Ropeworks has developed a world-class training system. Instructors are known for their technical expertise, as well as their skill as educators. All Ropeworks instructors are professionals that actively work at height. Essential skills are learned and retained best when every candidate is given individual attention. Therefore, our average student-to-instructor ratios are 4:1 and will not exceed 6:1 for all rope access and rescue courses.

Climate

The training area is in a temperature-moderated warehouse, but it can be warm in summer and cool in winter. The center is located at 4,000 feet on the eastern edge of the Sierra Nevada Range. The best way to prepare for outside temperatures is to log on to your favorite weather website a few days prior to your visit. Reno averages at least 300 days of sunshine per year. Temperatures are moderate in spring and fall, hot and dry in midsummer, and drop below freezing regularly in winter. Snow and rain is common in winter. The climate is conducive to outdoor activities year-round.

Equipment

All rope access, tower climbing, and rescue equipment is provided. An individual equipment bag will be checked out to each person. The candidate can elect to purchase a new equipment kit by contacting the Ropeworks Gear equipment department (775.747.2244 / equipment@ropeworks.com). Equipment discounts will be applied when equipment is purchased with a course.

Course Hours

Training courses generally run from 8 AM to 5 PM with an hour lunch break unless otherwise noted.

Clothing

Clothing needs to be loose enough to allow full mobility, while not posing the hazard of becoming caught in safety equipment or work tools. Avoid pants that require a belt or have rivets near the hips. Lightweight coveralls are the best. Shorts are not appropriate. Bring clothing layers to accommodate a range of temperatures.

Footwear

Sturdy work boots with a flexible sole and proper heel are recommended. Steel-toe boots are not required. Soles with sticky rubber can be chosen to provide better footing when climbing around on structures.

Equipment Checklist	
	Work Clothes
	Lightweight work
	gloves
	Safety/Sun Glasses
	Sturdy footwear
	Water bottle &
	snacks
	Great Attitude!

Gloves

Please bring your own set of gloves or purchase them at the training center. Gloves must fit well and should not hinder the technician's ability to operate his tools and safety equipment.

Meals & Snacks

Please bring your own water bottle and snacks to the training center. Students can store a bag lunch in our refrigerator, or grocery stores and restaurants are a short drive from the training center if needed. Coffee is available in the morning.

Lodging & Logistics

The training center is conveniently located minutes from downtown Reno and the Reno/Lake Tahoe International Airport. Guests can choose to stay in Reno, NV or Truckee, CA.

Extra-Curricular Activities

With the High Sierra and Lake Tahoe within 45 minutes of the training center, plan some extra time to enjoy some of the many scenic and recreational activities. Activities include skiing, hiking, climbing, golf, mountain biking, fishing, and water sports.

Questions?



Please contact us:

8587 White Fir St., Suite A3, Reno NV 89523 Ph: 1 (775) 747-2244 or fax 1 (775) 201-0830 training@ropeworks.com | www.ropeworks.com | <a href="https://www.ropewor



Ropeworks National Training Center Reno/Lake Tahoe Directions

8587 White Fir St., Suite A3, Reno NV 89523 ph: 1.775.747-2244

Hours of Operation: 8 AM - 4:30 PM

From San Francisco/Sacramento/Truckee:

Take I-80 East towards RENO
After Verdi take the WEST 4TH ST EXIT #8.
Go straight onto W 4TH ST
Travel 1.0 miles
Turn RIGHT onto WOODLAND AVE
Take first right on WHITE FIR ST.
We are at 8587 White Fir St, Suite A3 in the
Riverside Commerce Center. It is the last building on the right before crossing the Truckee River.

From Reno Airport:

Take 395 NORTH to I-80 WEST

Travel 4.4 miles and exit MCCARREN BLVD (exit 10) Go Left on McCarran at the light (South) for $^{3}\!4$ mile Turn Right onto WEST 4th ST

Travel 2 miles and take left on WOODLAND AVE Take first right on WHITE FIR ST.

We are at 8587 White Fir St, Suite A3 in the Riverside Commerce Center. It is the last building on the right before crossing the Truckee River.

Driving Distance/Times:

Sacramento: Est. Time: 2.5 hours Est. Distance: 135 miles

San Francisco: Est. Time: 4 hours

Est. Distance: 225 miles

Las Vegas: Est. Time: 8 hours

Est. Distance: 465 miles

Salt Lake City: Est. Time: 7 hours

Est. Distance: 520 miles



Reno International Airport is a great mid-sized airport with many direct flights from Southwest, United, Delta, American, Alaska, Continental, Frontier, US Airways and in-terminal car rentals from Budget, Hertz, and Avis. The Ropeworks National Training Center is conveniently located about 15 minutes from the airport.

Shuttle Service/Taxis

Reno-Sparks Cab 775-786-3700 Airport Mini Bus 775-333-3333

Ropeworks visitors can choose to stay in Reno, NV or Truckee, CA. Check out local activities in the Reno Tahoe area by visiting <u>VisitRenoTahoe.com</u>.



Reno, **NV** (elevation 4498 ft): Reno is convenient and close to the airport and training center. Reno is now evolving beyond its gaming roots and becoming known as a business and recreation destination

The downtown is revitalizing around the Truckee River. Be sure to check out the Reno Midtown District for shopping and dining options.

Proximity to Lake Tahoe and the Sierra is one of the main attractions for visitors. The sun shines on average more than 300 days per year. The low humidity makes the average winter lows in the 20's and the average summer highs in the 90's seem more pleasant. Snow and rain is common in winter, but the sun usually melts off the snow quickly.

Reno Accommodations (please note that the quoted rates are subject to change)

Whitney Peak Hotel

www.whitneypeakhotel.com 255 N. Virginia Street, Reno, NV

Direct Online Registration Link

775-398-5400; corporate discount code is **MISTRAS**

Whitney Peak Hotel is the only luxury boutique nonsmoking non-gaming full service hotel in Reno. Adjacent to the world famous Reno Arch and two blocks from the Truckee River River Walk the hotel co-exists with the mountains, lakes, and breathtaking landscapes of the Sierra Nevada Mountain Range. Whitney Peak is also home to BaseCamp, Reno's world class bouldering and climbing venue which you'll have free access to during the week of the course by showing your registration confirmation for the course. Home to the world's tallest climbing wall, 164 feet.

Execuline ONE Club

ElDorado / Silver Legacy / Circus Circus

RTG Offer code: ROPE

Call 888-889-9338 or

Email mfeemster@silverlegacy.com

Three hotels: ElDorado, Silver Legacy, and Circus Circus, all close to the training center and walking distance to movies, river, and food. Free airport shuttle and free parking.

Eldorado Hotel & Casino

www.eldoradoreno.com

345 N. Virginia St., Reno, NV 89501

Phone: 888-889-9338

Silver Legacy Resort

www.silverlegacy.com

407 N. Virginia Street, Reno, NV 89501

Phone: 800-687-8733

Circus Circus Resort

https://www.circusreno.com/ 500 N Sierra St., Reno, NV 89503

Phone: 800-648-5010

Additional Notable Hotels: Hampton Inn & Suites Reno West (900 Ambassador Dr, Reno, NV), Best Western Plus Boomtown Casino Hotel (2100 Garson Rd, Verdi, NV) & Plaza on the River (121 West St., Reno, NV)



Truckee, **CA** (elevation 5820): The town of Truckee is nestled in the Sierra's approximately 26 miles and 30 minutes from the Training Center. Truckee has a small historic downtown serving visitors of the greater Tahoe region. The months of May through October are usually sunny and temperate. Truckee receives a lot of snow between November and April and we recommend that our visitors stay in Reno during winter.

Truckee can be a great choice for those that don't mind the drive, want to get away from the city, and enjoy the mountain environment. Mid-week lodging is usually available and priced reasonably, although a bit more expensive than Reno.

Truckee Accommodations

Hampton Inn & Suites Tahoe

www.hamptoninntruckee.com

11951 State Hwy 267 Truckee, CA 96161

888-587-1197

Reliable national chain in a relatively quite location. Free high-speed internet, wireless, swimming pool, gym, a short drive into old town Truckee restaurants. Approx 12 miles from Lake Tahoe. Ropeworks Rate: \$139 (M-F) / \$189 (weekends/holidays).

Offer Code: 0002650995

Best Western Truckee Tahoe Inn

http://www.bestwesterntahoe.com

11331 Brockway Road, Truckee, CA 96161 800-824-6385 | 530-587-4525

A relatively quiet location near a public golf course. Free high speed internet, outdoor pool and spa. A short drive into old town Truckee restaurants.

Cedar Sport House Hotel

www.cedarhousesporthotel.com

866.582.5655

530.582.5655

Address: 10918 Brockway Road, Truckee, CA 96161 The Cedar House Sport Hotel explores our need to connect to nature, emphasizing in its design a harmony that is sympathetic to the human body, mind and spirit. Strength, Structure, Environmental Awareness, and Respect to the natural materials used are themes found throughout the design. The Cedar House Sport Hotel was inspired by its setting high in the Sierra Nevada Mountains, nestled in the Martis Valley, just minutes from Historic Downtown Truckee and Lake Tahoe & 25 Minutes from Reno, NV

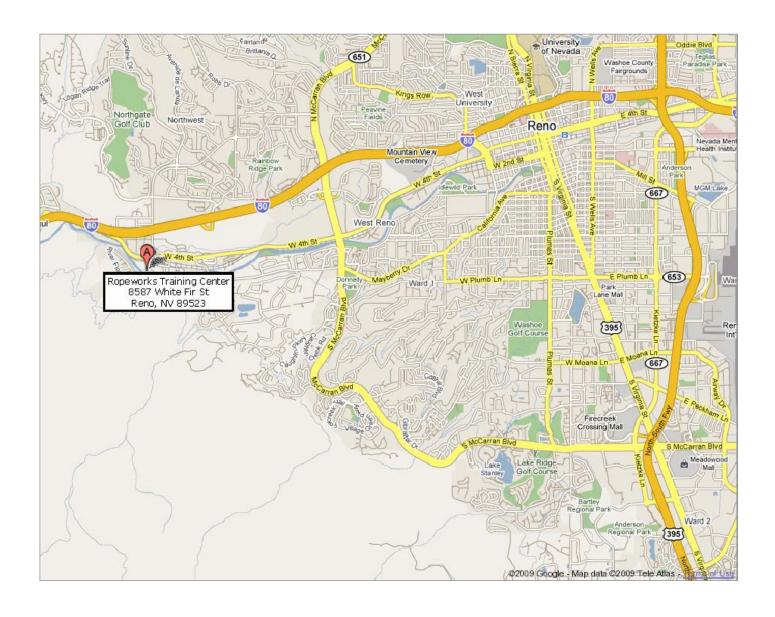
The Truckee Hotel

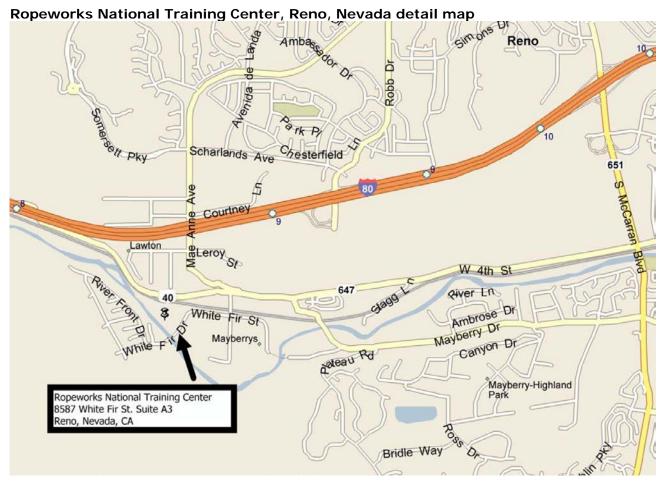
http://www.truckeehotel.com/home.html

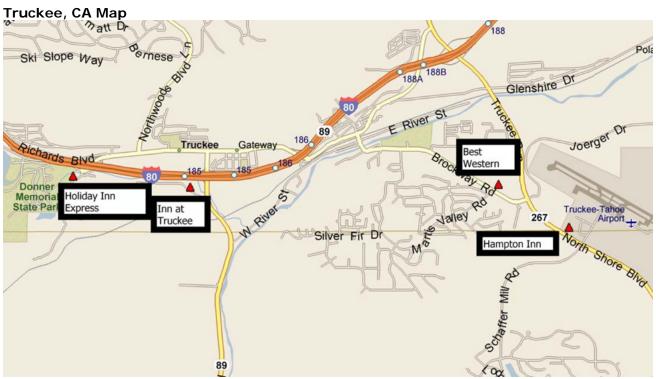
10007 Bridge Street, Truckee, CA 96161

800-659-6921 or 530-587-4444

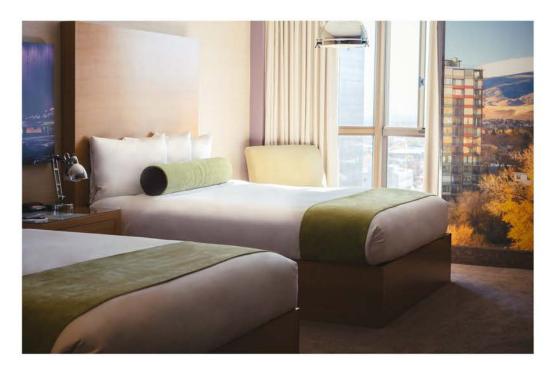
An independently-owned historic hotel in old town Truckee, walking distance to restaurants and right above Moody's a nice bar and restaurant. The noise of downtown including the train is its major drawback. Furnished with antiques and claw-foot tubs. 10% Truckee Locals discount – give Ropeworks as your reference. \$49-129







WHITNEY PEAK HOTEL IS DOWNTOWN RENO'S NON-GAMING, NON-SMOKING, FULL-SERVICE INDEPENDENT HOTEL.











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255 N. VIRGINIA ST. DOWNTOWN RENO 775.398.5400





EXECULINE ONE CLUB 2019

WINTER/SPRING JANUARY 1-JUNE 15, 2019

CIRCUS CIRCUS
Midweek: \$50.00
Weekend: Starting at \$85.00

ELDORADO Midweek: \$56.00 Weekend: Starting at \$105.00

SILVER LEGACY Midweek: \$56.00 Weekend: Starting at \$105.00

SUMMER/FALL JUNE 16-DECEMBER 31, 2019

CIRCUS CIRCUS
Midweek: \$52.00
Weekend: Starting at \$115.00

ELDORADO Midweek: \$62.00 Weekend: Starting at \$135.00

SILVER LEGACY Midweek: \$62.00 Weekend: Starting at \$135.00

Rates are subject to surcharges due to events, holidays and other high-demand dates.

SURCHARGE TIMES INCLUDE:

President's Day Weekend: 2/15/19-2/17/19
Hot August Nights: 8/7/19-8/10/19
Reno Air Races: 9/15/19-9/21/19
New Year's Eve: 12/30/19-12/31/19

Rates are for Deluxe Room types, upgrades at a special Execuline One Club rate are available.

Complimentary upgrades will be given upon availability.



BOOKING YOUR RESERVATION IS EASY

CALL: 888.889.9338

OR

EMAIL: MFEEMSTER@SILVERLEGACY.COM

Execuline One Club has a dedicated agent available to make your reservations Monday through Friday, 8 AM to 4 PM PST. You can call Execuline One Club at 888.889.9338 or email mfeemster@silverlegacy.com for rates; availability and your reservations can still be made outside of normal business hours by our reservations department.

EXCLUSIVE EXECULINE ONE CLUB AMENITIES:

- Guaranteed discounted corporate room rate
- \$10 in Execudollar Rewards, per night for rooms booked at Eldorado and Silver Legacy
- Complimentary airport shuttle service at all three properties
- Complimentary late checkout and early check-in (subject to availability)
- Exclusive VIP Execuline One Club check-in line at the registration desk
- Complimentary Wi-Fi access

- Exclusive Execuline One Club reservation agent, reservation 800 number, web and email reservations
- Monthly Execuline One Club offers and email specials
- In room single-cup coffee makers
- Complimentary fitness center access
- Reduced resort fee
- 15% off spa services at The Spa at The Silver Legacy